

# OPTIMIZING N-95 FIT

1. After hand hygiene, remove glasses (if applicable)
2. Cover nose and chin with N-95
3. Pull top strap over head above ears
4. Pull bottom strap over head below ears, ensuring bottom strap does not rest on hair
5. Untwist straps as needed
6. Press evenly and firmly to mold nose piece
7. Cup hand over N-95 edges
8. Inhale and exhale sharply
9. Readjust N-95 if any leakage detected on edges
10. Repeat seal check as needed
11. Replace glasses (if needed) and don eye protection
12. Repeat hand hygiene and don gloves

SEAL  
CHECK